

## Letter to Allergist

Swarthmore College Student Health Center  
500 College Avenue  
Swarthmore, PA 19081  
610-328-8058

The Swarthmore College Student Health Center's goal is to provide care needed by our student patients in the safest way possible. Your assistance with this goal is not only required but also greatly appreciated.

Our allergy clinic serves dozens of student patients referred by multiple different allergy specialists. Each allergy specialist has a unique form they use in their office. As you can imagine, navigating multiple forms is very challenging and has significant potential for error. Therefore, to maximize the safety margin for the student patients, our clinic has developed an Allergen Immunotherapy Administration form that we will utilize for every student patient in our allergy clinic.

In order for student patients to receive allergy immunotherapy at the Swarthmore College Student Health Center, we **require** the following:

- 1) Every student patient's initial injection(s) must be performed at the allergist's office.
- 2) We will not mix or dilute any extracts; this must be done by the prescribing allergist. We will store extracts in the Student Health Center medical refrigerator that has a backup generator.
- 3) Each vial must be clearly labeled with:
  - a) Patient's name and date of birth
  - b) Name of the antigen(s)
  - c) Dilution
  - d) Expiration date
- 4) The Allergen Immunotherapy Administration form **MUST** be completed and provided to the Student Health Center prior to a student patient receiving injections.
- 5) At the bottom of the Allergen Immunotherapy Administration form, the referring allergist must sign that they understand the student patient will receive allergy immunotherapy injections during operational hours at the Student Health Center when a physician and/or nurse practitioner trained in emergency anaphylaxis response is on site.
- 6) Allergy serums are either delivered by the student to the Student Health Center during normal operating hours (during the academic semesters) or the allergist office coordinates mailed delivery of the serums to the Student Health Center during normal operating hours. The Health Center is closed over summer and winter breaks and delivery of serums can not be scheduled during that time.

These requirements are purely for the safety of our student patients. Failure to complete these steps could delay and potentially prevent utilization of our services.

Sincerely,

Casey Anderson, CRNP  
Director, Student Health and Wellness  
Swarthmore College  
500 College Avenue  
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