

# Psychology Sophomore Planning Presentation

# Areas of Psychology at Swarthmore

- Clinical
- Cognitive
- Developmental
- Language
- Neuroscience
  - Behavioral neuroscience
  - Cognitive neuroscience
  - Social, cognitive & affective neuroscience
- Perception
- Social
- Multicultural

# Why study psychology?

Increase understanding of...

- Self and others
- How the mind works
- Human development
- Social factors that influence attitudes and behaviors
- Research process & scientific method
- How to change behavior
- How to improve relationships and well-being

# Why study psychology?

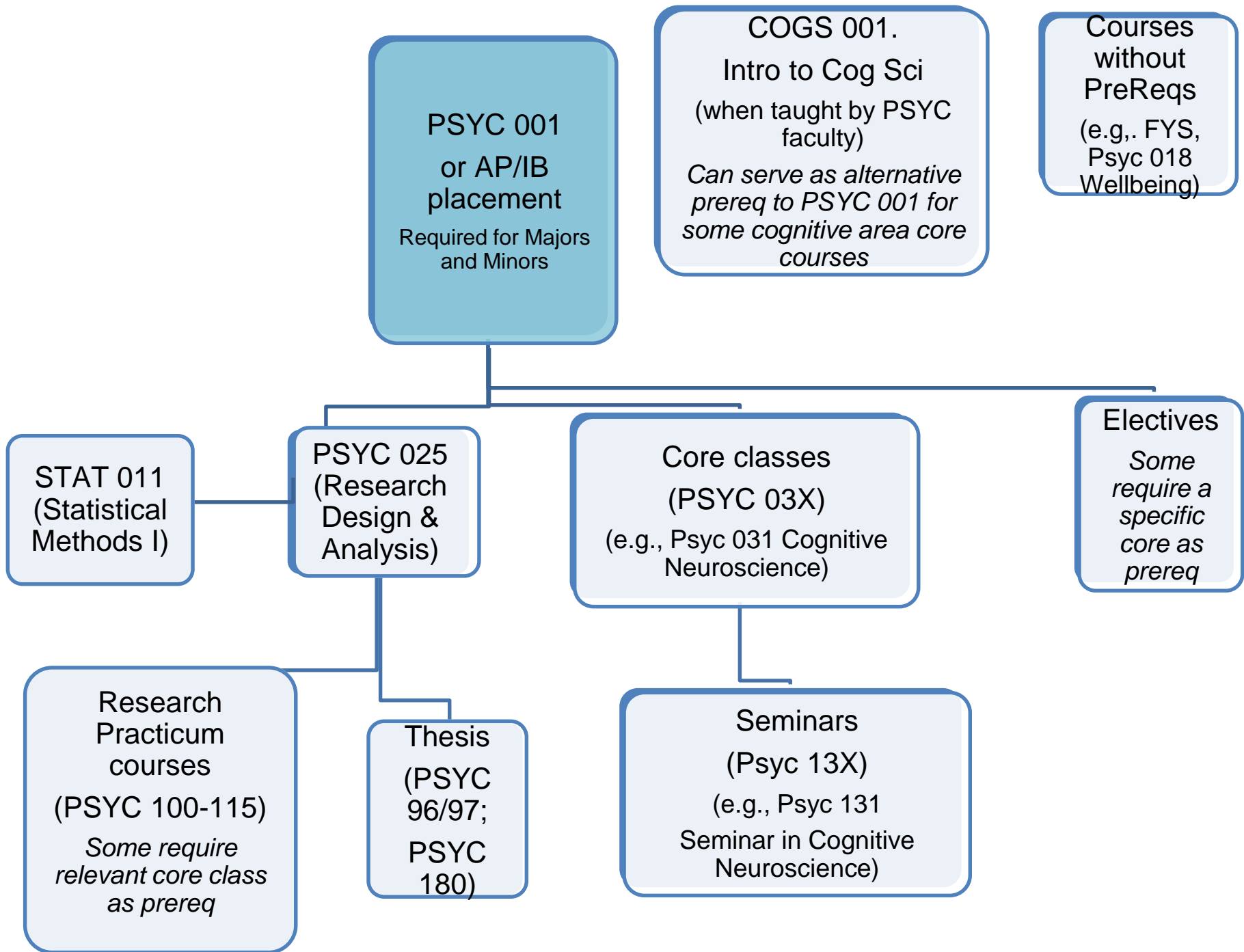
## Develop skills

- Critical thinking
- Empirical research
- Reading and summarizing scientific literatures
- Scientific writing & presentation skills
- Understanding and working with others
- Effective communication
- Helping others

# Types of courses

<https://www.swarthmore.edu/psychology/courses>

- Intro courses (PSYC 001, FYS)
- Research Design & Analysis (PSYC 025)
- Core courses - #s in 30s
  - (e.g., behavioral neuroscience, cognitive, clinical, developmental, language, perception, social, social & affective neuroscience, multicultural psychology)
- Seminars - #s in 130s (honors or non-honors)
- Elective courses in special topics (e.g., Cognitive-Behavioral Therapy)
- Research and field placement courses
  - Research practica courses (#s 100-115)
  - Senior thesis
  - Senior field placement in clinical psychology (PSYC 90)



# Psychology Program Information for Sophomore Plan

- Psychology Department website
  - See: <https://www.swarthmore.edu/psychology>
- Course Major and Course Minor
  - See: <https://www.swarthmore.edu/psychology/majors-minors>
- Honors Program in Psychology
  - See: <https://www.swarthmore.edu/psychology/honors-program-psychology>
- Other Majors involving Psychology
  - See: <https://www.swarthmore.edu/psychology/special-majors>
- Psychology Courses (Plan for next 2 years)
  - See: <https://www.swarthmore.edu/psychology/courses>
  - *Click on course title for description & information about prerequisites*
- Psychology Department's Off-Campus Study Policies
  - See: <https://www.swarthmore.edu/psychology/campus-study>
- Sophomore Plan Info
  - <https://www.swarthmore.edu/academic-advising-support/sophomore-plan-study>

# Psychology Course Major

<https://www.swarthmore.edu/psychology/majors-minors>

Minimum 8 credits + Stat 011

- PSYC 001. Intro to Psychology
  - (AP/IB can be used for placement BUT not for course credit)
- PSYC 025. Research Design & Analysis
  - (Stat 011 is prereq or coreq)
- 4 core courses (course #s in 30s)
- Senior comprehensive requirement
  - i.e., thesis, research practica course, field placement in clinical, etc.
- Additional courses to reach  $\geq 8$  credits
  - Can be additional core course, elective, seminar, research practica, senior field placement, etc.



# Psychology Honors Major

<https://www.swarthmore.edu/psychology/honors-program-psychology>

- PSYC 001. Intro to Psychology
  - (AP/IB can be used for placement BUT not for course credit)
- PSYC 025. Research Design & Analysis
  - (Stat 011 is prereq or corequisite)
- 4 core courses (course #s in 30s)
- **2 seminars that follow up on core courses (course #s in 130s)**
  - (honors preps = 2 core/seminar combos)
- **Senior comprehensive requirement = 2 credit thesis**
  - (honors prep = senior thesis)

# Example Psychology Honors Major

PSYC 001. Intro to Psychology

PSYC 025. Research Design & Analysis (+Stat 011)

4 core courses (course #s in 30s)

- PSYC 30 Behavioral Neuroscience
- PSYC 37 Multicultural Psychology
- PSYC 35 Social Psychology
- PSYC 39 Developmental Psychology

2 Seminars (must have taken core in subject first)

- PSYC 130 Seminar in Behavioral Neuroscience
- PSYC 135 Seminar in Social Psychology

PSYC 180, PSYC 181 Honors Thesis in Psychology (Fall & Spring Senior Year)

## Honors Preparations

- Behavioral Neuroscience Area Core + Seminar (Psyc 30/Psyc 130)
- Social Psychology Area Core + Seminar (Psyc 35/Psyc 135)
- Honors Thesis (PSYC 180/181 - 2 semesters)

# Research Opportunities

(Thesis, Research Practica Courses, Etc.)

See:

<https://www.swarthmore.edu/psychology/research-practica>

<https://www.swarthmore.edu/psychology/labs>

# Psychology Course Minor

<https://www.swarthmore.edu/psychology/majors-minors>

Minimum 5 credits

- PSYC 001. Intro Psychology
  - (AP/IB can be used for placement BUT not for course credit)
  
- 2 core courses (course #s in 30s)
  
- additional courses to reach 5 credits
  - Can be additional core course, elective, seminar, research practica, senior field placement, etc.

# Psychology Honors Minor

Minimum 5 credits

- PSYC 001. Intro Psychology
  - (AP/IB can be used for placement BUT not for course credit)
- PSYC 025. Research Design & Analysis
  - (Stat 011 is prereq or coreq)
- 2 core courses (course #s in 30s)
- **1 seminar (course # in 130s) that follows up on core.**
  - (honors prep = core/seminar combo)
- If placed out of Psyc 001 through AP/IB, additional course to reach 5 credits

# Psychology & Educational Studies

[Psyc & Edu. Studies Swat Homepage Link](#)

[Psyc & Edu. Studies Requirements](#)

- 10-12 credits across Psychology & Education + Stat 011
  - $\geq 5$  courses taught by psychology faculty
  - $\geq 5$  credits in Educational Studies
- Psychology Requirements
  - PSYC 1: Intro Psychology
  - PSYC 25: Research Design & Analysis (Stat 011 is prereq or coreq)
  - 3 core courses (course #s in 30s)
- Education Requirements
  - EDUC 014: Pedagogy and Power: Introduction to Education
  - EDUC 021: Educational Psychology
- Senior comprehensive requirement
  - i.e., thesis, research practica course, senior clinical field placement, senior project that bridges both disciplines
- Additional courses in Psychology and/or Education to reach  $\geq 10$ -12 credits

# Psychology & Educational Studies Honors Special Major

- 10-12 credits across Psychology & Education + Stat 011
  - $\geq 5$  courses taught by psychology faculty
  - $\geq 5$  credits in Educational Studies
- Psychology Requirements
  - Psyc 001. Intro Psychology
  - Psyc 025. Research Design & Analysis (Stat 011 is prereq or coreq)
  - 3 core courses (course #s in 30s)
  - **1 seminar following up on core (Honors prep = seminar/core combo)**
- Education Requirements
  - Educ 014. Intro to Education
  - Educ 021. Educational Psychology
  - **2 credit honors seminar (Honors prep = 2 credit seminar)**
    - \*exceptions are possible with special permission of the Chair.
- **Senior comprehensive requirement – 2 credit thesis that bridges both disciplines (honors prep)**

# Acceptance Criteria

<p><u>Psychology Course Major</u></p> <ul style="list-style-type: none"><li>• Completed at least 2 courses in Psychology</li><li>• Good standing at the College</li><li>• AP/IB placement can count as 1 course. Note that AP/IB does not receive Swarthmore course credit</li></ul>	<p><u>Psychology <a href="#">Honors</a> Major</u></p> <ul style="list-style-type: none"><li>• Completed at least 2 courses in Psychology</li><li>• Good standing at the College</li><li>• <a href="#">B+ or higher average overall and in Psychology</a></li><li>• AP/IB placement can count as 1 course. Note that AP/IB does not receive Swarthmore course credit</li></ul>
<p><u>Psychology Course Minor</u></p> <ul style="list-style-type: none"><li>• Completed at least 1 course in Psychology</li><li>• Good standing at the College</li><li>• AP/IB placement can count as 1 course. Note that AP/IB does not receive Swarthmore course credit</li></ul>	<p><u>Psychology <a href="#">Honors</a> Minor</u></p> <ul style="list-style-type: none"><li>• Completed at least 1 course in Psychology</li><li>• Good standing at the College</li><li>• <a href="#">B+ or higher average overall and in Psychology</a></li><li>• AP/IB placement can count as 1 course. Note that AP/IB does not receive Swarthmore course credit</li></ul>
<p><u>Special Major: Psychology and Ed. Studies</u></p> <ul style="list-style-type: none"><li>• Completed at least 2 courses in Psychology</li><li>• Completed EDUC 014: Introduction to Education</li><li>• Completed at least 1 additional EDUC course</li><li>• Good standing at the College</li><li>• AP/IB placement can count as 1 course. Note that AP/IB does not receive Swarthmore course credit</li></ul>	<p><u>Special <a href="#">Honors</a> Major: Psychology and Ed. Studies</u></p> <ul style="list-style-type: none"><li>• Completed at least 2 courses in Psychology</li><li>• EDUC 014: Introduction to Education</li><li>• Completed at least 1 other EDUC course</li><li>• Good standing at the College</li><li>• <a href="#">B+ or higher average overall, and in both Psychology and Ed Studies</a></li><li>• AP/IB placement can count as 1 course. Note that AP/IB does not receive Swarthmore course credit</li></ul>



# Next Steps

- **January 28 through February 14:** Departments and program info sessions offered. The info session schedule is linked [here](#). You are welcome to join, if possible.
- **February 17 (Monday) at 1:00 pm:** Deadline for students to indicate major(s) and minor(s) in mySwarthmore
- **February 21 (Friday):** Deadline for departments and programs to assign sophomore plan advisors to students in [Major/Minor Department portal](#) in AppGarden
- **February 24 (Monday):** Deadline for students to *draft* a sophomore plan to review with their advisor.
- **February 24 - March 5:** Students and sophomore plan advisors meet individually to review plan
- **March 6 at 1:00 p.m.:** Deadline for students to submit revised sophomore plan in mySwarthmore

***Extremely Important: Make sure that you have run your sophomore plan by your advisor and that your advisor has approved it, before you submit it.***

# Questions?

If have additional questions please contact

- Dan Grodner, [dgrodne1@swarthmore.edu](mailto:dgrodne1@swarthmore.edu). Chair
- Betsy Durning, [edurnin1@swarthmore.edu](mailto:edurnin1@swarthmore.edu), Academic Coordinator
- Julia Linden-Chirlian, [jlinden2@swarthmore.edu](mailto:jlinden2@swarthmore.edu), Academic Assistant