

# SWARTHMORE COLLEGE

## Swat Last Chance Meet

TUESDAY, MAY 13, 2008

Contact Phone Number for Meet: 610-328-8218 or 610-328-8213

FAX # 610-328-7798

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### Meet Information

- Location: Walter T. Skallerup, Jr. Track located behind Lamb-Miller Fieldhouse
- Entries: All college entries must be submitted through Direct Athletics. (www.directathletics.com) If you do not have a DA account, you can create an account on their site by clicking the "New User" link. Entries open May 4th and close May 11<sup>th</sup> at 4:00 p.m.  
**Unattached athletes must email their entries to:**  
pcarrol2@swarthmore.edu  
**by May 11<sup>th</sup>.**
- Entry Fee: \$10.00 per athlete, \$150.00 for each men and women's team of fifteen or more athletes. **Entry fee is based on your entry, not on participation. No refunds for scratches.** Make Checks payable to: **Swarthmore College Athletics.**
- Check in: Athletes must check in for their events no later than 30 minutes prior to the start of their event or they will be scratched. Heats will be drawn at the close of check-in.
- Order: In running events, faster sections will compete first. Field events will be seeded if necessary. This is a limited event's meet, please check the schedule to see the events offered.
- Equipment: Spike length will be 1/4" maximum. **No spikes in Fieldhouse lobby.** Implements must be certified and will be weighed in. Starting blocks will be provided.
- Runways: All are synthetic except Javelin, which is Grass.
- Sports Medicine: Swarthmore Sports Medicine training staff will be available on site. Athletic trainers from other schools will have access to the Athletic Training Room and all equipment – splint bag, crutches, and AED. Emergency medical technicians, ambulance and doctor will be on call.
- Showers: Showers will be available in Lamb-Miller Fieldhouse for both men and women. You will need to provide your own towels and locks.

- Parking: Limited parking is available on the North and East Ends of Lamb-Miller Fieldhouse. Call for information on van and bus parking.
- Results: All results will be posted at the Swarthmore Athletic Department website.
- Eligibility: The meet is open to collegiate and post-collegiate athletes. NCAA rules will be followed.
- Concessions: Concessions will be available during the meet.
- Rain Date: May 13th

**SWAT LAST CHANCE MEET**  
**SCHEDULE OF EVENTS**  
**TUESDAY, MAY 13, 2008**

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- 4:00 p.m. Shot Put-Men, Discus Men after Discus Women  
 4:00 p.m. Long Jump Men, Long Jump Women, Triple Jump Men, TJ Women  
 4:00 p.m. Discus Women, Shot Put Women after SP Men  
 4:00 p.m. Women's Pole Vault, then Men  
 4:00 p.m. Women's High Jump, then Men  
           Javelin Men than Women

**Order of events**

- 5:00pm 400mh – Men  
           400mh – Women  
 5:20pm 110hh—Men  
           100hh-- Women  
 5:35pm 400m --- Men  
           400m --- Women  
 5:55pm 100m -- Men  
           100m --- Women  
 6:20pm 800m --- Men  
           800m --- Women  
 6:50pm 1500m - Men

	1500m - Women
7:15pm	200m -- Men
	200m –Women
7:35pm	3,000m - Steeplechase (Men)
7:55pm	Women's 3,000m Steeplechase
8:15pm	5,000m - Men
8:35pm	5,000m- Women

We will move ahead no more than 15 minutes.